

**FAEGRE & BENSON LLP**

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Minneapolis, Minnesota 55402-3901  
612/336-3000

**PATENT**

Docket No.

52458-224532

**Small Entity Transmittal of Patent Application - Rule 1.53(b)**

Commissioner for Patents  
Box: Patent Application  
Washington, D.C. 20231

Inventor(s): Dr. Alex Michalow

Title: SPORTS SPECIFIC TRAINING METHOD AND APPARATUS

- ☒ Enclosed is the above-mentioned new patent application. It includes 30 pages of the specification; 5 pages of claims; and 1 page abstract.
- ☒ Enclosed is an executed declaration or oath.
- ☒ Enclosed are an application assignment and a completed Assignment Recordation Cover Sheet.
- ☒ Enclosed is Eleven (11) sheets of informal drawings.
- ☒ Enclosed is a Small Entity Statement.

Claims As Filed						
(1) For	(2) Number Filed	(3) Number Extra	(4) Rate	(5) Basic Fee		
						\$355
Total Claims	29	- 20 =	9	x	\$ 9	\$81
Total Independent Claims	2	- 3 =	0	x	\$ 40	\$0
Multiply Dependent Claims	0				\$135	\$0
Total Amount Due →						\$436

- ☒ Please charge to Deposit Account 06-0029 any fees under 37 CFR 1.16 and 1.17 which may be required to file and during the entire pendency of this application. This authorization shall be treated as requesting a petition for an extension of time under 37 CFR 1.136(a) of the appropriate length that may be necessary now or in the future. A duplicate for fee processing is enclosed.
- ☒ A check in the amount of \$40 to cover the assignment recording fee is enclosed.
- ☒ A check in the amount of \$436 is enclosed for the filing fee.
- ☒ Enclosed is a return receipt postcard.

Registration Number	Telephone Number
35,786	(612) 336-3318
Date	
October 5, 2000	

Signature
<i>Karl G. Schwappach</i>
Print Name
Karl G. Schwappach

**Certificate of Express Mailing**

Pursuant to 37 CFR 1.10 I certify that this application is being deposited on the date indicated below with the United States Postal Service "Express Mail Post Office to Addressee" service addressed to: Assistant Commissioner for Patents, Washington, D.C. 20231.

Express Mail Mailing Label No.
EL208377371US
Date of Deposit
October 5, 2000

Signature of Person Mailing Application
<i>Barbara A. Avery</i>
Printed Name of Person Mailing Application
Barbara A. Avery

M2:M2:20340984.01

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JC943 U.S. PTO

10-06-00

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JC914 U.S. PTO  
09/679833  
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